

# Bolder Sounds Presents

## Meditation Bowls the Apple EXS 24



This collection is the same set of samples which were presented in “The Best of Bolder” originally in GigaStudio format. However this sound set was never “natively” programmed in the Apple EXS 24. Also added after the Gigastudio release are sustained samples of each bowl.

You will find four folders labeled:

**Meditation Bowl Hits** - This folder has single “hits” of each meditation bowl. There are 6 different bowls recorded - Big D Bowl, Big E Bowl, Big F# Bowl, F Bowl, G Bowl and F# High Bowl.

Each bowl was struck in a number of ways yielding different articulations and colors.  
For example:

Big D Bowl Set.exs is a mapping of all the different hits of what I called the “Big D Bowl”.

D bowl MW = attack speed.exs is the same type of .exs instrument except the Modulation Wheel of your controller changes the attack speed of the amp envelope.

F bowl octave down.exs - the root note is tuned down an octave, you are hearing the sample played back at half speed as well.

You will also notice Hard Bowl and Soft Bowl “sets”. These .exs’s incorporate different bowls all mixed into one mapping with similar attack articulations.

## **Meditation Bowl Sustains**

These sustain sounds were created by rubbing the hitting stick along the rim of the crystal bowl. It has a mysterious and grainy-sandy quality to the sound. I had to EQ out some of the fundamental frequency at the sample level since it was so strong at times it was overwhelming. You will find combination .exs instruments which incorporate hits and sustain samples layered over each other. Sometimes I'll add the Modulation Wheel as a mixing control between the sustain and the hit.

## **Meditation Bowl Layers**

This “layer” folder typically incorporates a hit with a sustained sound. I also use the Modulation Wheel as a balance control between layers.

## **Meditation Bowl Layered Hits**

This folder contains layered combinations of the “hit” samples in different octave combinations.



## **Thanks and Acknowledgements**

Thank you to my friend Russ Agee who owns these lovely bowls.

Thank you to Grace Design for making the GRACE 201 mic preamp which was used to record the crystals.

And finally, thank you to Wind Over The Earth recording here in Boulder, Colorado for your assistance with recording gear over the years.

Bolder Sounds welcomes any comments or constructive criticism. Send emails to sales@boldersounds.com

\*\*\*\*\*

### **\*\* LEGAL STUFF \*\***

The samples on “Meditation Bowls” are licensed, not sold to the purchaser. However, you may use them as you see fit in the production of your music without paying an additional fee. Bolder Sounds retains ownership of all the sound samples on this disc. Copying, duplicating, digital resampling, reselling or otherwise distributing of this product is unlawful and expressly prohibited.

### **\*\* NOT SO LEGAL STUFF \*\***

PLEASE do not give this collection to a friend who has not paid for the license fee as a “favor”. Every time this occurs it increases the chance that high quality reasonably priced Apple EXS libraries such as this will not be developed in the future. No amount of legal mumbo-jumbo I could write here will deter piracy. So instead I appeal to your inherent good nature as a human being to handle this request with fairness..... I'd very much appreciate your consideration.